

Chinese Cuisine

Name _____

Advanced Foods, _____ / 14 points

1. What major contribution did the Chinese provide in relation to cooking food?
2. Research the Tao philosophy and its relationship to yin and yang. How does this influence Chinese cooking?
3. The Chinese religion divides the world into five parts; these parts correlate with what five flavors?
4. What are the primary eating utensils of China? _____
5. Define the following:
 - a. Velveting-Coat:
 - b. Lacquered Meat:
 - c. Red-Cooking:
6. Name 3 common ingredients in Mandarin cuisine.

7. What does Northern China favor rather than rice? _____
8. Name 2 popular dishes of Mandarin cuisine.

9. Name 3 common ingredients in Szechwan-Hunan cuisine.

10. Name 2 popular dishes of Szechwan-Hunan cuisine.

11. Name 2 popular dishes of Canton cuisine.

12. Watch the Food Network video on preparing fortune cookies. What tips do you believe are most important when preparing fortune cookies in an upcoming lab?